







ORAR STUDIOURI



	LUNI			MARTI			MIERCURI			JOI			VINERI			SAMBATA			
	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	
8:00																			8:00
9:00																			9:00
9:30	Aerobic Seniori	Gravity Florin			Gravity Florin		Aerobic Seniori			Morning Circuit Florin			 Ryde&Tone Alex			Street Dance Alexandra			9:30
10:00								Gravity Florin						Gravity Florin		Street Dance Alexandra		Steel Training Mihaela	10:00
10:30	Ryde&Tone Alex																		10:30
11:00																		Happy Fighters Karate Denisa	11:00
12:00																			12:00
15:00										Junior modelling			Aerobic Seniori						15:00
16:00																			16:00
17:00		Gravity Miha	Happy Fighters Karate Denisa	Functional Training Andreea	Gravity Glutes&Abs Florin		Step Miha	Gravity Roxana	Functional Training Andreea	Junior modelling			Butt&Abs Tabata Miha	Gravity Roxana					17:00
17:30						Happy Fighters Karate Alex						Happy Fighters Karate Alex							17:30
18:00	Functional Training Miha		Abs&Back Andreea	Steel Training Mihaela	Gravity Roxana	Happy Fighters Karate Alex		Gravity Miha	Yoga Andreea Avansați	Thrill Gabriela	Gravity Roxana	Happy Fighters Karate Alex	Steel Jump Mihaela		Pilates Andreea				18:00
18:30						Happy Fighters Karate Alex						Happy Fighters Karate Alex							18:30
19:00	Zumba Simina	Gravity Roxana	TRX Florin	Pilates Gabriela	Gravity Florin		Strong by Zumba Simina	Gravity Abs&Legs Florin		Pilates Gabriela	Gravity Florin		Street Dance Alexandra	Gravity Alex					19:00
19:30																			19:30
20:00		Gravity Roxana			Gravity Alex			Gravity Pilates Florin	TRX Alex		Gravity Alex								20:00
21:00	Ryde&Tone Alex			Ryde Mihai															21:00
	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	