

# ORAR STUDIOURI



	LUNI			MARTI			MIERCURI			JOI			VINERI			SAMBATA			
	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	
8:00																			8:00
9:00																			9:00
9:30	Aerobic Seniori	Gravity Florin			Gravity Florin		Aerobic Seniori			Morning Circuit Florin			Ryde&Tone Alex			Street Dance Alexandra			9:30
10:00								Gravity Florin						Gravity Florin		Street Dance Alexandra		Steel Training Mihaela	10:00
10:30	Ryde&Tone Alex																		10:30
11:00																		Happy Fighters Karate Denisa	11:00
12:00																			12:00
15:00										Junior modelling			Aerobic Seniori						15:00
16:00																			16:00
17:00		Gravity Miha	Happy Fighters Karate Denisa	Functional Training Andreea	Gravity Glutes&Abs Florin		Step Miha	Gravity Roxana		Junior modelling			Butt&Abs Tabata Miha	Gravity Roxana					17:00
17:30						Happy Fighters Karate Alex						Happy Fighters Karate Alex							17:30
18:00	Functional Training Miha		Yoga Andreea	Steel Training Mihaela	Gravity Roxana	Happy Fighters Karate Alex		Yoga Andreea Avansați		Thrill Gabriela	Gravity Roxana	Happy Fighters Karate Alex	Steel Jump Mihaela		Pilates Andreea				18:00
18:30																			18:30
19:00	Zumba Simina		TRX Florin	Pilates Gabriela	Gravity Florin		Strong by Zumba Simina			Pilates Gabriela	Gravity Florin		Street Dance Alexandra						19:00
19:30		Gravity HIIT Mihai						Gravity HIIT Florin						Gravity HIIT Alex					19:30
20:00		Gravity Roxana			Gravity Alex			Gravity Pilates Florin	TRX Alex		Gravity Alex								20:00
21:00	Ryde&Tone Alex			Ryde Mihai						Ryde&Tone Mihai			Ryde&Tone Alex						21:00
	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	