










# ORAR STUDIOURI



		LUNI			MARTI			MIERCURI			JOI			VINERI			SAMBATA					
		Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3			
8:00																						
9:00																						
9:30		Aerobic Seniori	Gravity Florin			Gravity Florin		Aerobic Seniori			Morning Circuit Florin			 Ryde&Tone Alex			Street Dance Alexandra					
10:00									Gravity Florin												Steel Training Mihaela	
10:30		Ryde&Tone Alex													Gravity Florin			Street Dance Alexandra				
11:00																					Happy Fighters Karate Denisa	
12:00																						
15:00											Junior modelling			Aerobic Seniori								
16:00																						
17:00			Gravity Miha	Happy Fighters Karate Denisa	Functional Training Andreea	Gravity Glutes&Abs Florin		Step Miha	Gravity Roxana		Junior modelling			Butt&Abs Tabata Miha	Gravity Roxana							
17:30							Happy Fighters Karate Alex						Happy Fighters Karate Alex									
18:00		Functional Training Miha		Yoga Andreea	Steel Training Mihaela	Gravity Roxana	Happy Fighters Karate Alex			Yoga Andreea Avansați	Thrill Gabriela	Gravity Roxana	Happy Fighters Karate Alex	Steel Jump Mihaela		Pilates Andreea						
18:30							Happy Fighters Karate Alex						Happy Fighters Karate Alex									
19:00		Zumba Simina		TRX Florin	Pilates Gabriela	Gravity Florin		Strong by Zumba Simina			Pilates Gabriela	Gravity Florin		Street Dance Alexandra								
19:30			Gravity HIIT Roxana						Gravity HIIT Florin						Gravity HIIT Alex							
20:00			Gravity Roxana			Gravity Alex			Gravity Pilates Florin	TRX Alex		Gravity Alex										
21:00		Ryde&Tone Alex			Ryde Mihai						Ryde&Tone Mihai			Ryde&Tone Alex								
		Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3			